### Underexplored Areas of AAC:

# EFFECTIVE PATIENT-PROVIDER COMMUNICATION AND THE DEVELOPMENT OF EMOTIONAL COMPETENCE IN CHILDREN

## Overcoming Patient-Provider Communication Barriers Across Health Care Settings

SPEECH AND HEARING ASSOCIATION OF VIRGINIA CONFERENCE, MARCH 18, 2011

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### Complete one of the following....

- My interest in patient-provider communication currently focuses on .
- One important thing I've learned about patient-provider communication is \_\_\_\_\_.
- The kind of information about patient-provider communication that would be most helpful to me at the moment would be \_\_\_\_\_.
- The role of ASHA, SHAV, ISAAC/USSAAC and other professional organizations in patient-provider communication issues is important because\_\_\_\_\_.

#### Handouts



- PowerPoint Slides. Also available at <u>www.augcominc.com</u>. Go to presentations.
- Newsletters on Patient Provider Communication (volume 21 #2) and Emergency Preparedness and AAC (volume 19 #4). <a href="www.augcominc.com">www.augcominc.com</a>. Go to back issues.
  - o Brought 6 with me....please take!

#### Augmentative Communication News (Vol 21, #2) www.augcominc.com

#### Information about

- Promising practices
- The Joint Commission Standard and Implementation Manual
- \* Tools of the trade



Upfront

nized as a priority across the healthcare continuum because it directly affects the quality of patient care, safety, medical outcomes and patient satisfaction. Augmentative and alternative communication (AAC) techniques, strategies and devices can significantly alleviate communication problems and barriers and should be a major component of the arsenal of communication resources available across healthcare settings. While typically designed for people with complex communication needs (CCM), simple communication displays, speech generating devices (SGDs), eye gaze techniques, special call alarms and alphabet boards can help many other communication vulnerable patients reducing medical errors, lessening the length of hospital stays, increasing patient safety and lowering costs. 1,5

Language issues. Language and cultural differences after underlie communication problems in he althe are settings." For example, many people in the U.S. do not speak Briglish as their prin ary language. Also, those who are deafthard of hearing often have difficulty communicating with health-care workers. Trained interpreters can help these individuals negotiate the healthcare system. 4 AAC strategies and assistive technologies can also help mightily.

Communication barriers in health-

care settings have many causes.

Stress, confusion and psychiatric condi-tions, Medically-related situations may trigger em otional responses in patients and/or in providers that make effective

#### difficult AAC strategies, tools and the training needed to use them well can support improved interactions. Increasingly first responders and en er-gency personnel depend on AAC tools

and strategies to communicate more effectively with some of their patients. Clinical News Communication access across the healthcare continuum Lack of access to auxiliary aids. People who mly on hearing aids, glasses and/or AAC technologies may

On The Web www.patientprovidercomm unication

inside

Equipment

Communication "On the Spot Governmental Advancing effective communication.

University/Research

Bridence: Using AAC to support patient provider communication EVIDAAC

How AAC teams can benefit from BVIDAAC

oped and encouraged the use of AAC devices, Clinical News aids and strategies. Back then, we focused primarily on school-

aged children and adults with motor impairments (e.g., cerebral palsy and motor neuron disease.) Today, we 've expanded our vision and AAC approaches are widely utilized with individuals—across the age span-who have communication challenges secondary to cognitive, language, physical and multiple disabilities. This article suggests we take another step forward and use AAC for anyone who is "communication vulnerable," i.e., struggles to communicate in a particular setting. We can begin this journey in healthcare settings, where

not have access to them in health-re-

lated situations. As a result, interac-

tions with healthcare providers may be

difficult. Simple assistive technologies

can augment vision and hearing when

glasses and hearing aids are unavail

able. Generic law-tech AAC displays devices and strategies can also help.

Medical interventions, Medical inter-

ventions (e.g., intubation or a trache-

ostomy) may result in a temporary loss

of speech. In addition, patients may have injuries or conditions that cause

#### Communication access across the healthcare continuum

Can you imagine nurses and other healthcare providers routinely using simple AAC approaches as a way to support all patients who experience communication difficulties? This is beginning to happen. In fact, the train is leaving the station and the AAC community should do more than just sell tickets. It's time to

Early in the development of the field, the AAC community devel-

Continued on vace 2

### Part I

LAWS, REGULATIONS, STANDARDS: NEW ROLES FOR SLPS AND AUDIOLOGISTS

# What does Patient Provider Communication (PPC) mean?

Providing equal access to health information, diagnosis, treatment and follow up care across the full spectrum of healthcare environments and activities

### Healthcare Settings

Dr's Office/Clinic

First Responders

Emergency Rooms

ICU's

Acute Care Hospital

Rehab Hospital

Nursing Home

Home Health

Hospice

 Disaster/emergency shelters

#### The Need



- Health disparities result from a range of barriers (race, ethnicity, gender, education, income, geographic location, disability status, and sexual orientation, other inequities)
- These disparities disproportionately affect patients with communication difficulties.

(Patak, Wilson-Stronks, Costello, Kleinpell, Henneman, Person & Happ, 2009; Bartlett, Blais, Tamblyn, Clermont & MacGibbon, 2008).

# Poor patient-provider communication can cause:

- Serious medical missteps
- Increased healthcare utilization
- Poor patient outcomes

(The Joint Commission, 2010ab; Divi, Koss, Schmaltz & Loeb, 2007)

#### What is "Effective Communication"?



• "the successful **joint establishment of meaning** wherein patients and healthcare providers exchange information, enabling patients to participate actively in their care from admission through discharge, and ensuring that the responsibilities of both patients and providers are understood"

(The Joint Commission, 2010b, p. 91).

# Effective patient-provider communication

- Increases the likelihood that:
  - o patients' problems are diagnosed correctly
  - patients understand and adhere to recommended treatment regimens
  - patients (and their families) are satisfied with the care they receive

(Wolf, Lehman, Quinlin, Hoffman, 2008)

• Is increasingly viewed as **an essential component** of quality healthcare and patient safety as well as **the basic right** of every patient.

(Ethical Force Program Oversight Body, 2006; The Joint Commission, 2010)

#### Laws, Standards, Regulations

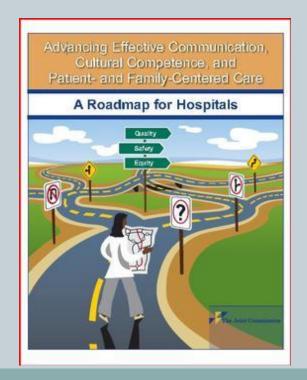
- Department of Health and Human Services. National Action Plan to Improve Health Literacy <a href="http://www.health.gov/communication/HLActionPlan/">http://www.health.gov/communication/HLActionPlan/</a>.
- Agency for Healthcare Research and Quality (AHRQ). Established health literacy as a universal precaution, similar to hand washing as a way to minimize risks to patients.
- New health care reform law. Requires use of plain language and culturally appropriate language in health related information about insurance and other health issues.
- Revised Minimum Data Set (MDS) 3.0. Used in skilled nursing facilities to assess residents.
   <a href="http://www.asha.org/Publications/leader/2010/100518/Skilled-Nursing-Facility-Assessment.htm">http://www.asha.org/Publications/leader/2010/100518/Skilled-Nursing-Facility-Assessment.htm</a>).
- Title VI of the Civil Rights Act of 1964. People cannot be discriminated against as a result of their "national origin," including their primary language. (The National Standards for Culturally and Linguistically Appropriate Services in Health Care (CLAS) standards. Guidance for healthcare organizations on compliance with Title VI (United States Department of Health and Human Services, 2001)

### Laws, Standards, Regulations

The Joint Commission
 New Standard. Effective
 January 2011
 Advancing effective
 communication,
 cultural competence
 & patient-centered
 care

A Roadmap for Hospitals

www.jointcommission.org



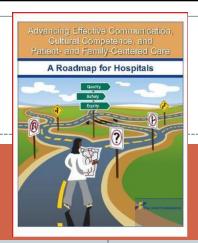
#### New Joint Commission standard



- The medical record contains information that reflects the patient's care, treatment, and services (Standard RC.02.01.01).
- The hospital communicates effectively with patients when providing care, treatment, and services (Standard PC.02.01.21).
- The hospital respects, protects, and promotes patient rights (Standard RI.01.01.01).

# Standard PC.02.01.21: The hospital effectively communicates with patients when providing care, treatment and services

- "Examples of communication needs include the need for personal devices such as hearing aids or glasses, language interpreters, communication boards and devices..."
- Patients may...be unable to speak due to their medical condition or treatment.
- Additionally, some communication needs may change during the course of care.
- Once the patient's communication needs are identified, the hospital can determine the best way to promote two-way communication between the patient and his or her providers in a manner that meets the patient's needs."



#### Page 10

- Identify whether patient has a sensory or communication need... "may be necessary for the hospital to provide auxiliary aids and services or AAC resources to facilitate communication."
- Identify if the patient uses any assistive devices... "make sure ...available throughout the continuum of care."

#### Page 18

- Monitor changes in patient's communication status...
   "determine if patient has developed new or more severe communication impairments during the course of care and contact the Speech Language Pathology Department, if available."
- Provide AAC resources, as needed, to help during treatment.

### Part II

PROVIDING COMMUNICATION ACCESS
ACROSS HEALTHCARE SETTINGS:
CONVERGING NEEDS AND OPPORTUNITIES
FOR COLLABORATION

#### Communication Vulnerable Patients



#### **More Likely to**

- Be hospitalized
- Experience medical/physical harm, e.g., drug complications
- Leave hospital against medical advice
- Be intubated if asthmatic
- Have increase costs
- Delay care
- Receive a diagnosis of psychopathology

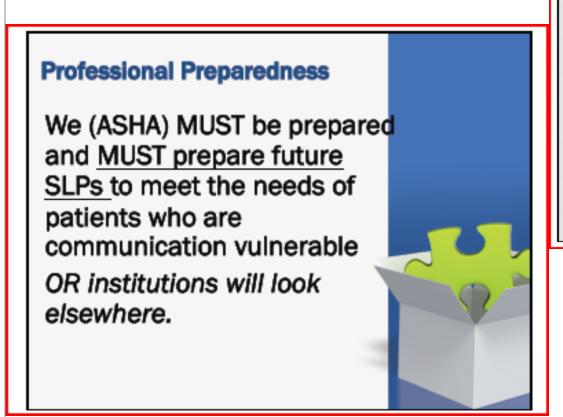
#### Less Likely to

- Adhere to recommended medication regime
- Report abuse
- Access and use medical care
- Return for follow-up appointments after Emergency Room visits
- Be satisfied with care

#### Shifting role of SLPs/Audiologists



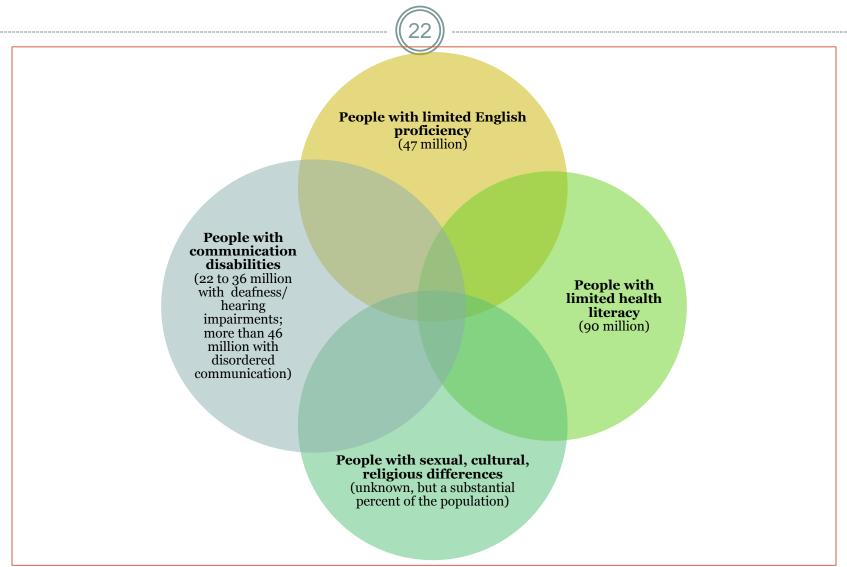
- SLPs and audiologists have a key role in helping healthcare professionals understand the crucial importance of P/P communication
  - O improves healthcare outcomes, reduces costs, increases satisfaction, etc.
- Our *Scope of Practice* requires consideration of the "added value" AAC strategies, tools and technologies can provide to the treatment of ALL patients with communication 'vulnerabilities.'



"Communication
Vulnerability in the Hospital
and the New Joint
Commission Standards:
The SLP and Need for
Professional
Preparedness"
Childrenshospital.org/acp

http://www.childrenshospital.org/clinicalservices/Site2016/mainpageS2016P16.html

# The Convergence of "Communication Vulnerabilities"

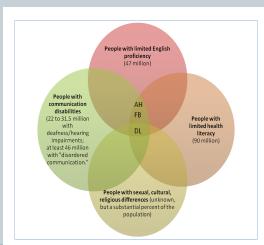


#### **Limited Communication Access**



#### Individuals with

- Pre-existing hearing, speech, cognitive disabilities who may (may not) have access to communication tools/supports
- Recent communication difficulties occurring as a result of their disease/illness/accident/event
- Communication difficulties that occur as a result of medical treatment (e.g., intubation, sedation)
- Linguistic differences
- Limited health literacy
- Limited ability to read/write
- Cultural differences



# People with pre-existing or temporary communication disabilities

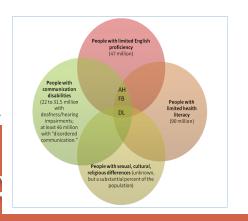
- 22.5 31 million people with hearing impairments
- 46 million with communication disorders
- High percentage of people who experience communication difficulties in medical settings
  - o Hospital data: Hurtig, et al.

#### AH: woman with cerebral palsy:



## Severe dysarthria/limited literacy; Surgery

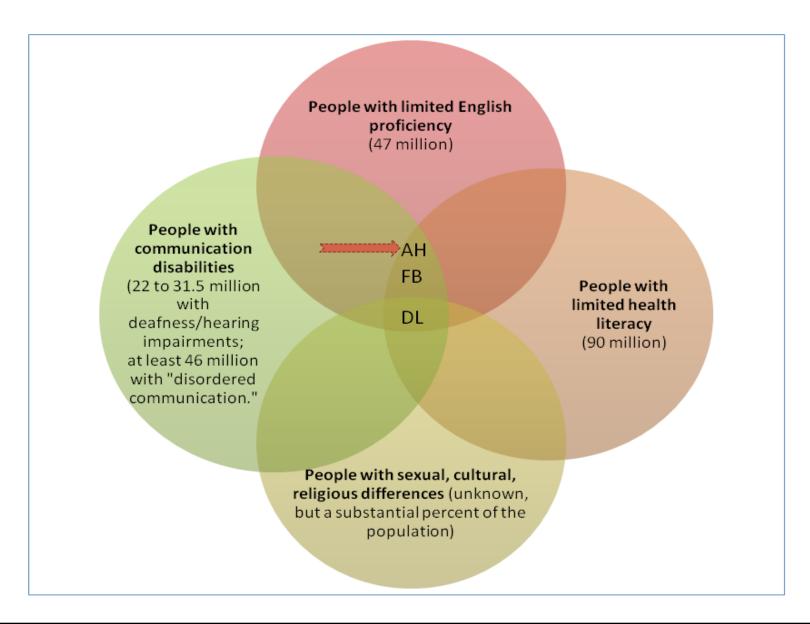
#### Post surger



- Speech unintelligible to unfamiliar people.
- Uses AAC strategies and SGD.
- Relatively independent; employed part-time
- Difficulty negotiating healthcare system.
- Pre-admission: Surgeon referred to SLP Dept. to address communicate issues in ICU and on floor

- Spent several days in ICU, requiring mechanical intubation. Unable to access her SGD.
  - ICU: Used partner-assisted eye gaze, adapted nurse's call button.
     Designated support person
  - o On unit: SGD, low-tech aids
- Discharge
  - Pictured instructions
  - "Teach back" strategy

#### Disability, Limited English Proficiency, Limited Health









http://accpc.ca/ODI\_Resource/?p=education



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#### Persons with Language and Health Literacy Issues

Language Proficiency - Non English speaking 47 million people in the U.S.

•Qualified Interpreters vs. family members, staff

"An individual, who has been assessed for professional skills, demonstrates a high level of proficiency in at least two languages and has the appropriate training and experience to interpret with skill and accuracy while adhering to the National Code of Ethics and Standards of Practice," (NCIHC, 2011)

Limited Health Literacy 90 million people in the U.S.

 The degree to which individuals have the capacity to obtain, process, and understand basic health information and services needed to make appropriate health decisions

(Health People 2010)

# What is Health Literacy and how can we help?

31)

THE DEGREE TO WHICH INDIVIDUALS HAVE THE CAPACITY TO OBTAIN, PROCESS, AND UNDERSTAND BASIC HEALTH INFORMATION AND SERVICES NEEDED TO MAKE APPROPRIATE HEALTH DECISIONS

(HEALTH PEOPLE 2010)

#### Health Literacy



- Poor health literacy:
  - Increase in sentinel events
  - o 6% increase in hospital visits
  - o 2-day longer hospital stays
  - 4x higher annual health care costs
- People with communication problems are OFTEN at risk for low health literacy rates
  - Increase in sentinel events, prolonged hospital stays, increased costs, decrease in patient "adherence", negatively affecting follow-up care.

#### **Expectations**



#### **Typical PP Interview**

- Between general practitioner and person without a disability
  - o 20 minutes in length (Mann et al., 2001).
- Patient typically has 23 seconds to communicate concerns before being interrupted by the doctor.
  - o Marvel *et al.* (1999)

## Preparing individuals we serve (CCN)

- Introduce oneself and one's communication system;
- Make use of appropriate vocabulary and language to communicate concerns and needs;
- Make use of appropriate communication strategies to ensure that previous health care and current health concerns are understood by the health professional.

#### Health Literacy



- Poor health literacy correlates highly with:
  - o Increase in sentinel (i.e., critical) events
  - o 6% increase in hospital visits
  - o 2-day longer hospital stays
  - 4x higher annual health care costs
- People with pre-existing communication problems
   OFTEN have limited health literacy as well

#### FB: Elderly man admitted through ER

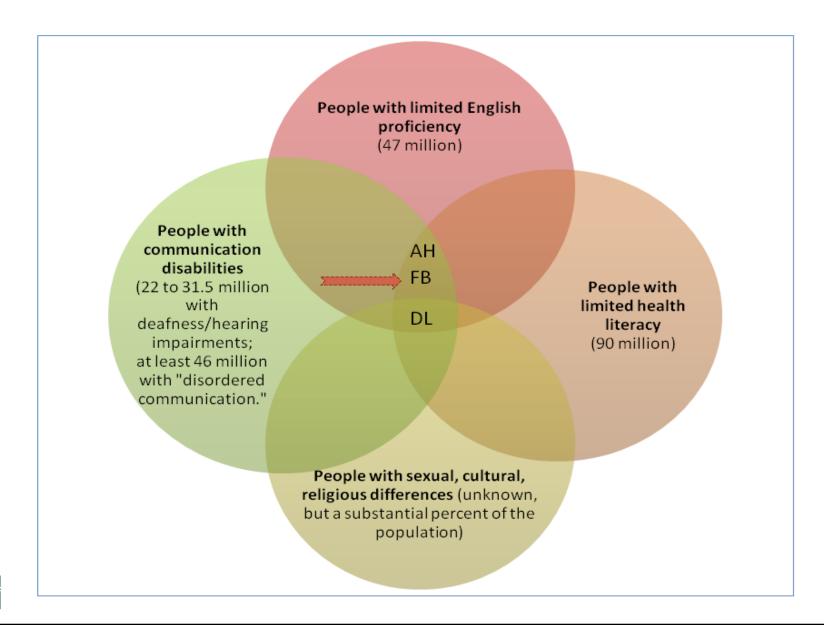


## Suspected CVA: accompanied by daughter

- First language Korean. Didn't seem to understand English
- Reported to wear hearing aids.
   Not brought with him.
- Interpreter services offered.
- Admitted for observation and further assessment
- Dr. refers to Com. Dis. Dept. for S &L eval and hearing assessment
- Daughter designated as support person

#### **During hospitalization**

- Audiologist provided Pocket Talker. Helped.
- SLP /Aud worked with interpreter
  - moderate expressive aphasia with apraxia
  - Moderate bilateral hearing loss documented->Presbycusis
- Discharge instructions (English and Korean) with culturally sensitive pictures. Given to FB and daughter.



#### Pocket Talker

www.abbn.com





The Pocket Talker is a helpful tool for people with hearing loss, who benefit from amplification. Easy to use instructions: place ear piece in patients ear, turn volume to adequate level, and speak into microphone.

Be sure to suggest an Audiology consult if appropriate.

Warning: If the ear piece gets too close to the speaker there will be loud feedback from the device.

# **Medical Interpreters**









#### Support Person **Communication Assistants**





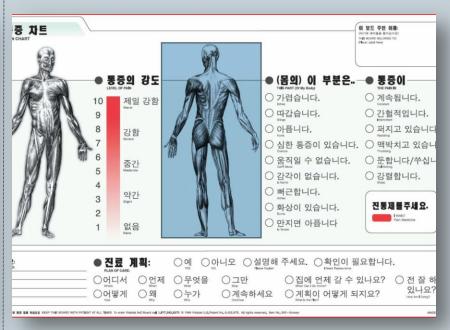




#### Vidatak Boards in Korean

(40)

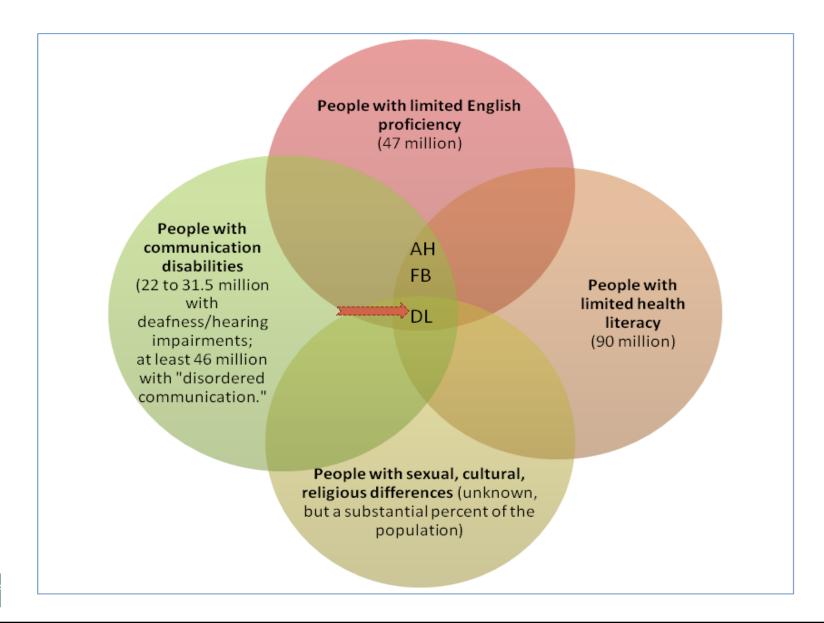




## People with cultural differences



- Cultural differences
- Sexual preference/sexual identity
- Religious differences



# DL: Man in mid-twenties. Recent immigrant. Fell down stairs

# Brought to ER after 15 hours

- Qualified interpreter brought in within 15 minutes.
- Disoriented x 3 (time, place, condition)
- Speech difficult to understand.
- Interpreter requested permission to engage his friends to determine if DL was speaking an unfamiliar dialect.
- Friends verified speech was "nonsensical" and he was acting 'out of character.'
- ED physician ordered an immediate CT scan
- Results: Intracranial hemorrhaging.

#### **During hospitalization**

- Had surgery and short stay in ICU.
- Moved to "step down unit" and referred to the SL Dept. for assessment and treatment.
- SLP requested assistance from the hospital interpreter for all sessions.
  - Interpreter noted less slurring in DL's speech. pointed out some pictures of objects during assessment were not common in the patient's culture. Suggested alternatives.

44

- Rapid progress in his speech and language, although cognitive symptoms persisted.
- Before transfer to rehabilitation facility, interpreter and SLP devised bilingual communication displays.
- Alerted rehab staff about cultural and religious issues and made a communication display that enabled him to request prayer time.









### Take Away Messages



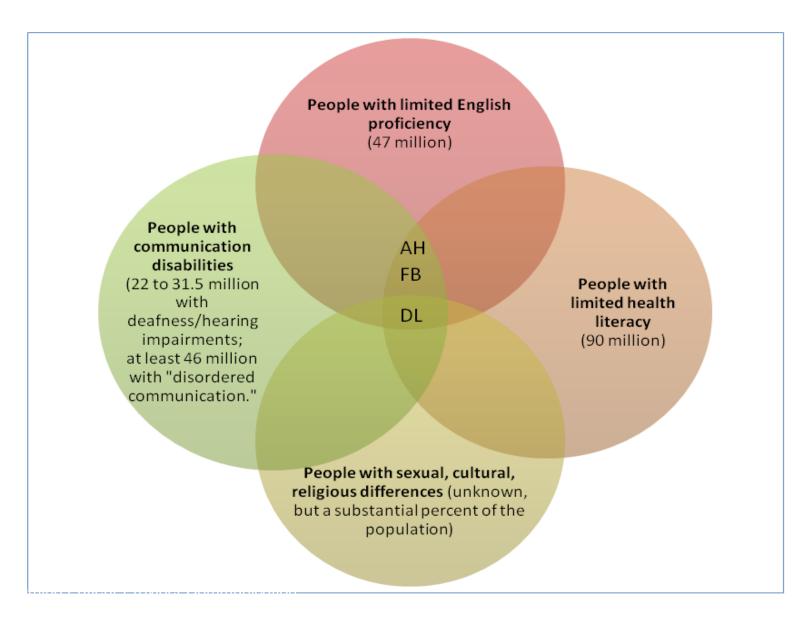
- 1. Human communication is the **joint** establishment of meaning using a "socially distributed ecology of public sign systems" (Goodwin, 2003; Wilkins, 2006; Wilkins & Higginbotham, 2005)
- 2. To be effective, both 'patients' (people with communication vulnerabilities) and providers (health-care professionals) need to be able to participate fully using whatever means that can enable them to establish meaning.
  - There is a KEY ROLE for communication enhancement strategies, techniques and technologies.

### Take Away Messages



- 3. SLPs and audiologists can play a key role in helping others understand the crucial importance of P/P communication in improving healthcare outcomes, reducing costs, increasing satisfaction, etc.
- 4. Our Scope of Practice requires consideration of the "added value" AAC strategies, tools and technologies can provide to the treatment of ALL patients with communication 'vulnerabilities.'

# The convergence of "communication vulnerablities" in healthcare settings



# SHIFTING ROLES of SLPs/Audiologists

- 49
- 1. Increase Health literacy skills of people with communication challenges.
- 2. Understanding and communicating to others the crucial importance of communication in determining healthcare outcomes.
- 3. Understanding the "added value" that AAC expertise can provide to the treatment of ALL communication vulnerable patients.
- 4. Collaborating with health care providers (nurses, interpreters) to help ALL patients communicate more effectively across healthcare settings.

#### Part III. Resources



MEETING THE NEEDS OF ALL PATIENTS
WITH DIFFICULTY ACCESSING
COMMUNICATION ACROSS HEALTHCARE
SETTINGS
MATERIALS, TOOLS AND INFORMATION

# What can SLPs and audiologists do to influence use of AAC strategies/tools?



INCREASE ABILITY OF PROVIDERS TO

COMMUNICATE EFFECTIVELY WITH ALL

PEOPLE WHO EXPERIENCE COMMUNICATION

PROBLEMS BY INCREASING THEIR USE OF

AAC TOOLS AND STRATEGIES ACROSS

SETTINGS

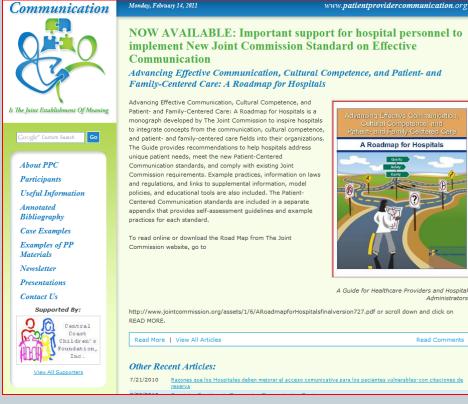
## Patient-provider website

#### www.patientprovidercommunication.org



- Articles
- Presentations
- Bibliography
- Examples of Materials
- Case Examples
- International Newsletter





## Introduce self and communication system: Communication Passport



#### Transportation

It is important that I do not miss my transportation ride.

I will make every effort to be ready for the pick up time but in a situation where either the pick up is earlier than planned, please tell the driver to wait for me.

If I am late for my pick up, please contact me immediately and inform the driver to wait for me.

Telephone number for the transportation dispatcher:

My transport registration number

Thank you

Please do the following things when I am communicating with

| ltem   | Υ |
|--|---|
| Say the item that I point to out loud                |   |
| Do not guess what I<br>mean until I am fin-<br>ished |   |
| Guess if you think you<br>know what I mean           |   |
| Give me time to think<br>about what I want to<br>say |   |
| Write down what I am<br>pointing to                  |   |
| Do not interrupt me                                  |   |
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| Developed by   | A |

www.accpc.ca

How I COMMUNICATE

My name is1

I have difficulty speaking but I can hear and understand what you say.

#### LET'S COMMUNICATE

#### THINGS TO KNOW WHEN COMMUNICATING WITH ME

- . Talk to me like an adult
- · Speak directly to me, not to the person who may be accompanying me
- . Do not speak loudly, slowly or in a condescending manner
- . Ask me if I want someone to help me communicate my messages to you - see list of facilitators.
- . Give me time to communicate

#### REMEMBER

- I can make my own decisions
- I need you to respect my privacy at all times. Please do not discuss issues regarding me with other people unless I give you permission.
- . I need you to keep me informed of everything that is going on.

| Contact  | Tel #              |
|----------|--------------------|
|          |                    |
|          |                    |
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| Communic | ation Facilitators |
| Contact  | Tel #              |
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**Emergency Contacts** 

IF YOU THINK I NEED ASSISTANCE, ASK ME:

Is this an emergency?

If yes, find out if I need you to call someone in my emergency list, my transportation, an ambulance, or the police?

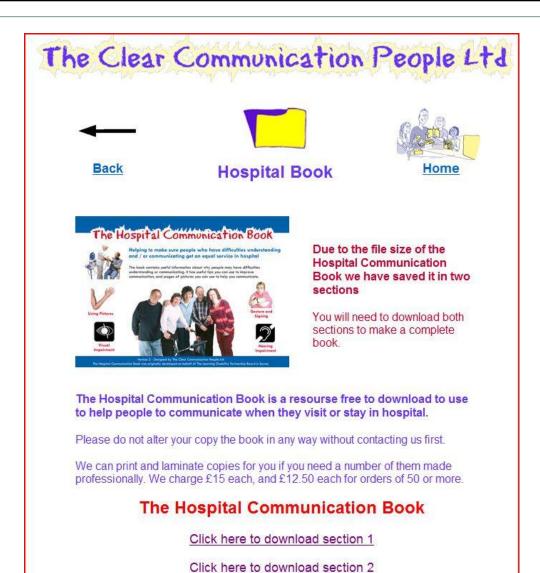
· Is there a problem with your wheelchair?

If yes, follow these instructions:

Do you need some personal assistance?

If yes, it could be:

http://www.accpc.ca/pdfs/passport.pdf



www.patientprovidercommunication.org/index.cfm/article\_6.htm

# Adaptive Equipment Tool Kit

(www.aactechconnect.com)

- Pocket Talker & Hearing Aid Trouble Shooting Guide
- Magnification Glass
- Modified Call Bell & "How To" instructions
- Vidatek Communication Board
- English & Spanish
- Letter/ Picture Boards
- English & Spanish
- Clipboard & Dry Erase Board with Writing Strategies



# On The Spot Debby McBride & Juli Pearson



| Table II. Some items from the On The Spot Communication Tool Kit                     |  |   |  |  |
|--|--|---|--|--|
| PocketTalker & accessories   | Magnifier page   | Clip board  | Dry erase board  |  |
|  |  | 1   |  |  |
| Amplified sound increases hearing ability. Useful when hearing aids are unavailable. | Enlarges text so patient can read if glasses are unavailable.  | Holds paper, communication dis-<br>plays, forms, instructions, <i>etc.</i><br>Has helpful tips on the back. | White Abraw messages. Supports com-<br>prehension and expression.<br>Has helpfultips on the back (shown<br>above).   |  |
| Picture communication<br>boards: English/Spanish                                     | English/Spanish cards  | Health care communica-<br>tion board tablet   | Vidatak EZ communication<br>boards   |  |
| 2025 571 25<br>1022 0 5 200<br>2020 1 2 5 5 1  | Sample for their Advisory of the Control of the Con |   | THE PARTY OF THE P |  |
| Point to messages, symbols, words,<br>pain scale and alphabet.                       | 16 cards with useful words and phrases in English and Spanish, e.g., comfort, orientation, pain, etc.  | Point to messages, symbols,<br>words, pain scale and alphabet.<br>English only.                             | Point to specific messages. Has pain<br>scale, alphabet and words. Available<br>in 17 languages and a picture board.   |  |

#### Kit de Communication by Elisabeth Negre

http://rnt.over-blog.com/article-kit-de-communication-44780636.html

57)

#### Kit de communication

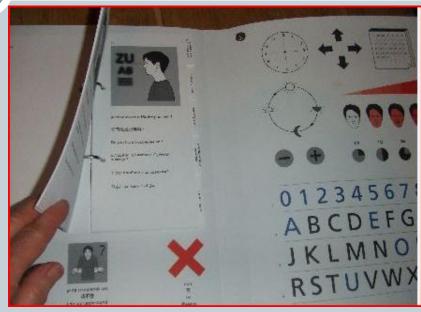
#### Mieux communiquer pour mieux soigner : « le Kit de communication de l'AP-HP »

L'Assistance Publique –Hôpitaux de Paris annonce le 11 fevrier 2010 (date anniversaire de la loi du 11 fevrier 2005!) la publication d'un kit de communication permettant d'améliorer la communication et ainsi la prise en charge des personnes ayant des difficultés d'expression et /ou de compréhension de manière définitive ou transitoire, dans la situation de consultation hospitalière.

Ce kit est le fruit d'un groupe de travail conduit par la Mission Handicap de l'AP-HP et constitué de médecins urgentistes (c'était leur demande initialement), de professionnels du secteur sanitaire et médico-social travaillant auprès des personnes handicapées et d'associations. L'association des paralysés de France avec la présence d'Elisabeth Negre, conseillère technique en Communication Alternative, a grandement participé à l'élaboration et aux nombreux débats qui ont abouti à cette création.

Les domaines de la surdité, de la déficience intellectuelle, de l'autisme, du polyhandicap étaient également participants.





- 20 pictograms
- Loose-leaf sheets or dialogue, reflecting questions most often asked during a medical examination
- Ring-binder that invites carers to offer other forms of communication
- Tools to complete questions or elicit responses (yesno, ABC, pain scale ).

Subtitled in English, Russian, Mandarin Chinese and Arabic languages,

#### **Communication Matters**

(58)

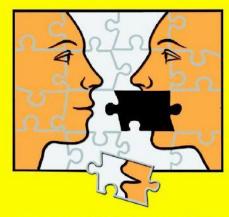
#### To download

- www.communicationmatt
   ers.org.uk/page/focus-on-leaflets
- <u>www.patientprovidercom</u>
   <u>munication.org/index.cfm</u>
   /article 2.htm



Communicating with Patients who have Speech/Language Difficulties

**Guidance for Medical & Nursing staff** 

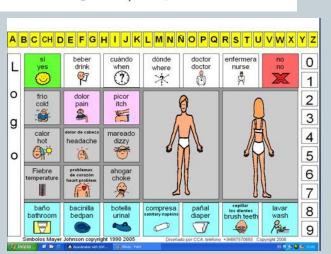


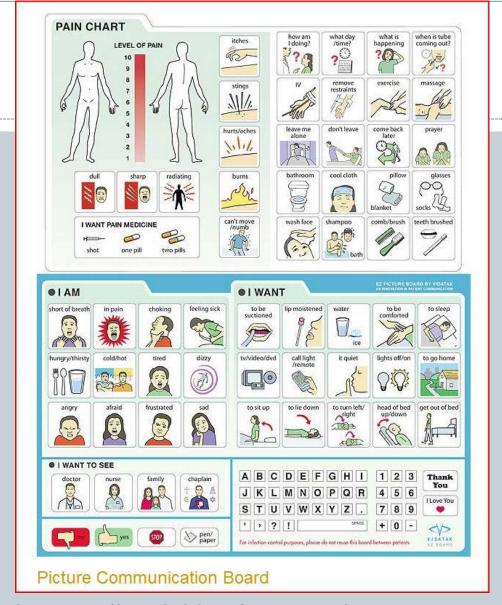
COMMUNICATION MATTERS

# Making use of appropriate vocabulary to communicate concerns and needs

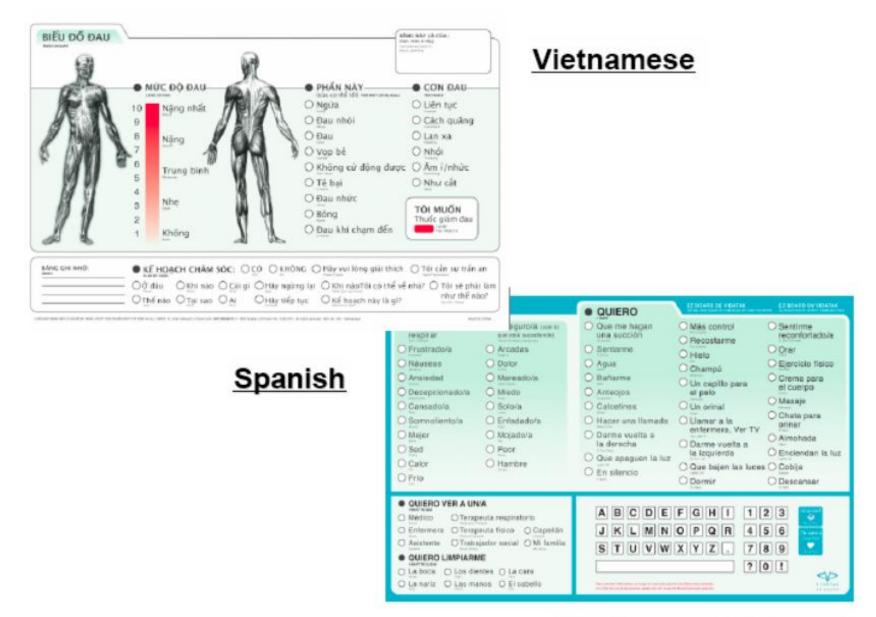






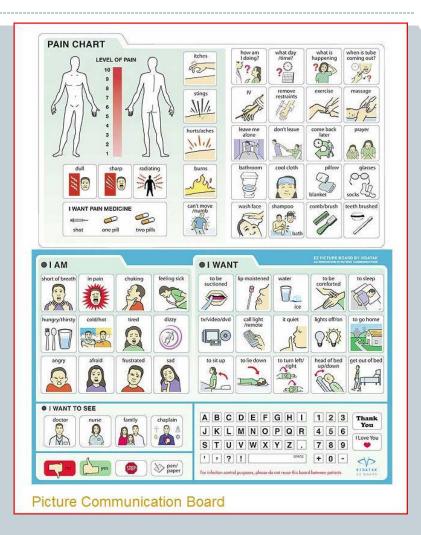


John Costello, Children's Hospital
Lance Patak, Vidatak
http://www.vidatak.com



http://www.vidatak.com/

#### Other boards



- Vidatak Boards for use in ICUs with children
  - John Costello and Lance Patak
- Translation of boards into Spanish, Vietnamese
  - Gulf Coast Project USSAAC
- Activities related to Emergency Preparedness
  - Communication4ALL (Diane Bryen/AAC-RERC)

#### Letter Cue Board



THE WORD BEGINS WITH....

QWERTYUIOP

ASDFGHJKL

Z X C V B N M Start again

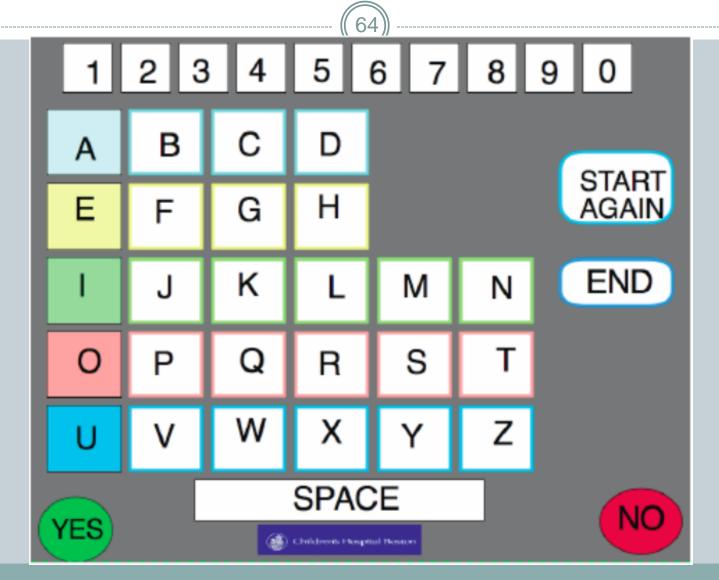
br cr fr gr tr pl str Next word

bl cl fl gl sw dw tw End

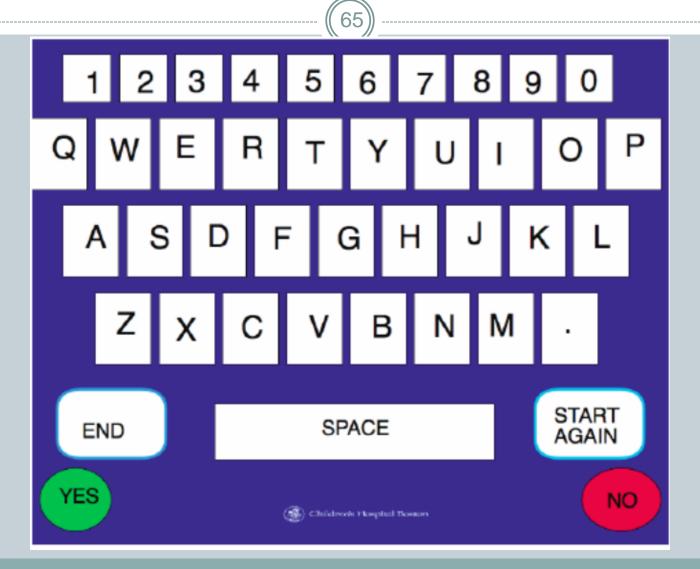
sl sc sk sm sn sp

sw squ spl spr scr

# Partner Assisted Scanning Spelling Board



## Direct Selection Spelling Board



| Name: | Date: |
|-------|-------|
|-------|-------|

#### Writing Strategies

Writing can be a successful way to communicate when speaking is not possible.

Here are ways to make it easier.

- Help the patient sit upright
- Position a pillow or towel under the patient's writing arm/ elbow for support
- Place a pillow on the patient's lap to prop up a clipboard or dry erase board
- A patient may find it easier to use their strongest hand for writing, even if it is not their dominant hand
- Use white paper vs. lined paper
- Use a felt tip pen or thin marker instead of a ball point pen or pencil, as it may glide easier
- Encourage the patient to **print** rather than use cursive
- Encourage the patient to print LARGE and space out the letters and words

| Call |                  | for questions/comments |
|------|------------------|------------------------|
|      | Speech Therapist |                        |

## Magnification Glass



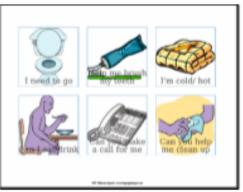


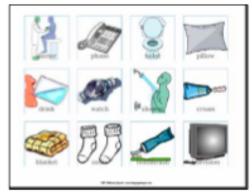
A magnification glass can be especially helpful if an individual does not have their glasses with them, and/or if they've had a new diagnosis affecting their visual acuity. For other visual perceptual issues, consult Occupational Therapy.

Modification: Visual Enlargement

#### Language Images







The website <a href="www.languageimages.com">www.languageimages.com</a> allows you to create custom communication boards with "adult-like" images. The boards come in various sizes ranging from 3- 35 images on a page (depending on a patients visual and/or cognitive status). You are able to immediately download and print for use. It doesn't take long to create a custom board, and the website contains many pre-made boards as well. Example boards are above. The text can be customized and/or removed as appropriate for the patient, and you can print in color or black & white.

#### Critical Communicator

(in Spanish too) www.interactivetherapy.com





The Critical Communicator is a booklet of pictures (e.g. nurse, suction, bathroom), letters and commonly used words. These are available in English and **Spanish**.

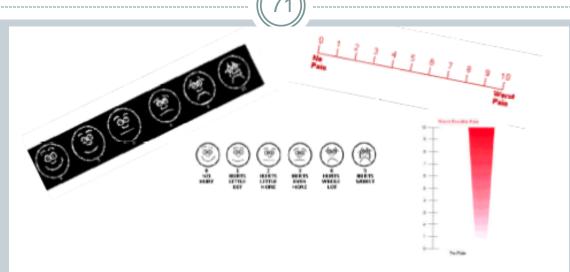
# Daily Communicator Pocket Size (in Spanish) www.intereactivetherapy.com



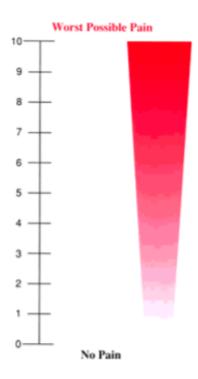


These Pocket Communicators come in a "word"
(blue) and "picture" (green) version, and have
categorized lists of vocabulary based on topics
such as "family", "meals", "action words",
"hygiene", etc. These come in both English and
Spanish, and the "picture" version can be helpful
for other non-English speakers as well.

#### Pain Scales



These are some examples of pain scales that patients can use to indicate their level of pain. The hospital or health care setting may have specific pain scales available as well. The EZ Communicator by Vidatek and the Critical Communicator also have pain scales. Once you find one that works for a patient, you may want to cut it out and put it on a clipboard, or attach it to a file folder, and leave it near the patient for quick access.







Scale 0 No pain 1 00 2 Mild, annoying pain 3 00 Nagging, uncomfortable, troublesome pain 4 (QO Distressing, miserable pain 7 Interse, dreadful. homible pain Worst possible, unbearable. 10 excrudiating pain















NO HURT



HURTS



2 HURTS LITTLE MORE



HURTS EVEN MORE



HURTS WHOLE LOT



5 HURTS WORS T

#### Pocket Talker

www.abbn.com

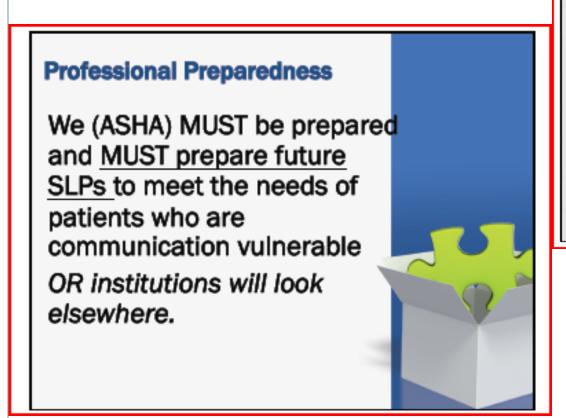




The Pocket Talker is a helpful tool for people with hearing loss, who benefit from amplification. Easy to use instructions: place ear piece in patients ear, turn volume to adequate level, and speak into microphone.

Be sure to suggest an Audiology consult if appropriate.

Warning: If the ear piece gets too close to the speaker there will be loud feedback from the device.

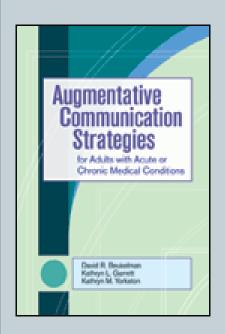


"Communication
Vulnerability in the Hospital
and the New Joint
Commission Standards:
The SLP and Need for
Professional
Preparedness"
Childrenshospital.org/acp

http://www.childrenshospital.org/clinicalservices/Site2016/mainpageS2016P16.html

#### Other Resources





- Augmentative Communication Strategies for Adults with Acute or Chronic Medical Conditions Book with CD Rom
- University of Nebraska website http://aac.unl.edu
  - Books, aphasia resources, visual scene display resources, demographics, Speech Intelligibility test
- AAC-RERC website and upcoming webcast www.aac-rerc

# Acknowledgements



#### *Thanks to*:

Rehabilitation Engineering Research Center on Communication Enhancement- AAC-RERC



United States Society for Augmentative and Alternative Communication (USSAAC)



Augmentative Communication, Inc.



Central Coast Children's Foundation, Inc.

















# Has anyone here ever been in an emergency situation?

WHAT KIND? NATURAL OR HUMAN-INDUCED?

WAS THERE ANY WARNING?

WERE YOU PREPARED?

WHAT DID YOU DO?

WHAT DID OTHERS DO?

### Complex Humanitarian Emergencies (CHE)

- Communication access is a HUGE ISSUE
- People with CCN are among most vulnerable
- Preparation and planning are key to survival
- People with CCN are NOT being considered in disaster planning, training or drills
- AAC community needs to step up

## Who is most vulnerable during a CHE?

- People with speech, hearing, vision impairments
- ▶ The very young
- People with limited understanding of spoken language
- People under severe stress or who are confused
- People without a support network

- People who do not have access to tools/ supports they need
- People with significant cognitive challenges
- People with 2<sup>nd</sup> language issues
- People with mobility limitations
- ▶ People who are sick/ill
- EVERYONE who has not prepared

# Making a difference

# People with CCN/Those who care about them

#### First Responders/ Emergency Planners

- Need to prepare
- Need to "self identify"
- Need to be involved in disaster planning, training activities & drills
- Need to advocate at local, regional, national and international levels
- Need to get training in how to interact with people with communication difficulties
- Need to participate in drills where these issues are addressed.

# Steps to Take



- 1. Do you have a support team?
- 2. Do you have an evacuation plan in case you need to leave home or work in an emergency situation?
- 3. Is your "go bag" packed?
- 4. Do you have paper (laminated) communication display(s) with written instructions with you at all times?
- 5. Have you prepared medical information and do you keep a extra supply of important medications?

#### www.aac-rerc.com.

# Go to features/Emergency Communication



# Pamela Kennedy

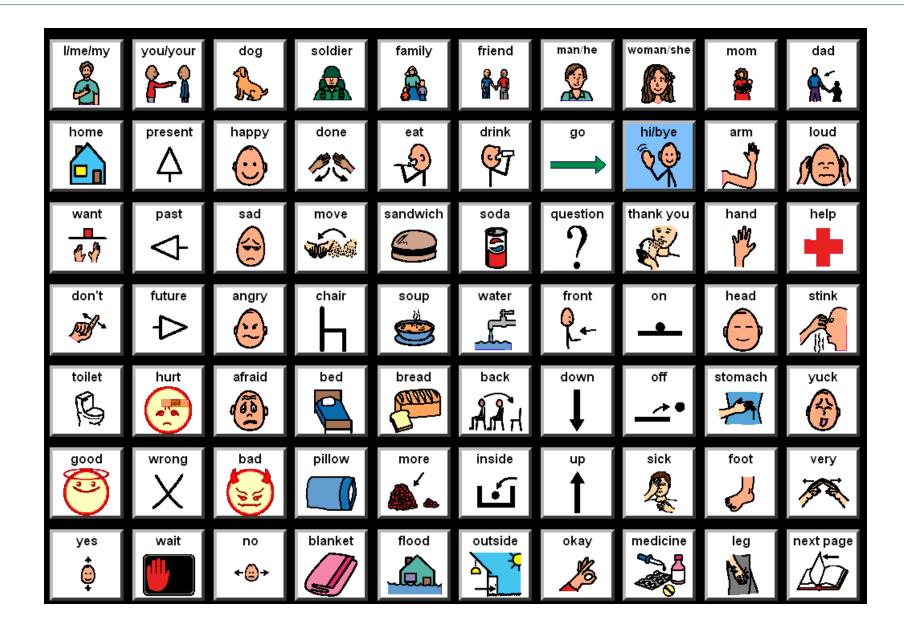
Manager, Writers Brigade, AAC-RERC 3

- AAC-RERC webcast:
  - Disaster Preparedness for People with Complex Communication Needs
- Used Boards During the Flood of 1997 in Grand Forks, North Dakota from April 19th through 23rd



| I'm Pam<br>Kennedy.                             | I can't speak<br>but can<br>understand<br>you.   | They're<br>looking for<br>a place for<br>me. | Jessie<br>needs to<br>go out.            | Jessie is out of food.                 | Are access roads still flooded?                   | Any new updates? | did      | and     | backside      |
|---|--|--|--|--|---|------------------|----------|---------|---------------|
| Please ask<br>questions<br>when you<br>need to. | I have<br>family in<br>Bismarck.                 | I don't<br>know how<br>much I lost<br>yet.   | Jessie<br>needs<br>water.                | My chair<br>needs to<br>be<br>charged. | Any refugees<br>found homes<br>since I was<br>on? | hurt,<br>hurts   | shoulder | chest   | thigh         |
| I have<br>cerebral<br>palsy and<br>epilepsy.    | My vital<br>info is on<br>my PC. I'll<br>get it. | The<br>basement<br>was<br>flooded.           | Jess is<br>confused,<br>streesed<br>out. | Has<br>anyone<br>else been<br>found?   | Has anyone called regarding my status?            | head             | arm      | ribs    | knee          |
| l, my   | need   | wrist<br>splints                             | am/feel                                  | nauseous                               | dizzy   | eyes             | wrist    | stomach | shin          |
| pen   | morning<br>meds                                  | pain<br>meds                                 | like                                     | pain<br>meds                           | swelling  | ear              | hand     | back    | ankle         |
| paper   | evening<br>meds                                  | inhaler                                      | seizure                                  | headache                               | double<br>vision                                  | nose             | finger   | waist   | foot          |
| yes   | no   | ок   | Oops!                                    | Wait.                                  | computer  | mouth            | left     | right   | bad,<br>badly |

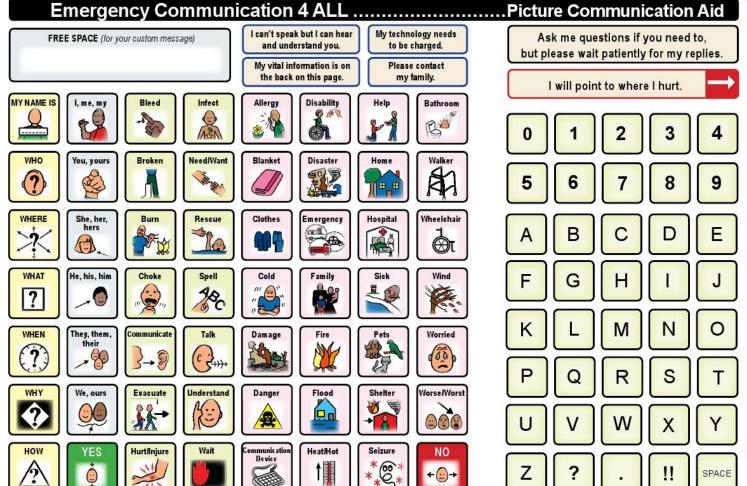
| Α   | В  | С    | D             | E             | F         | G               | Hi            | Bye               | How are you?                |
|-----|----|------|---------------|---------------|-----------|-----------------|---------------|-------------------|-----------------------------|
| Н   | 1  | J    | K             | L             | М         | N               | Sorry!        | Wait.             | please                      |
| 0   | Р  | Q    | R             | S             | Т         | U               | Thank<br>you! | You're<br>welcome | listen                      |
| V   | W  | X    | Υ             | Z             | Space     | •               | blanket       | pillow            | computer                    |
| 0   | 1  | 2    | 3             | 4             | 5         | 6               | paper         | pen               | a drink                     |
| 7   | 8  | 9    | Jessie        | I, me, my     | you, your | he, him,<br>his | oops!         | ок                | soup                        |
| yes | no | know | don't<br>know | want,<br>need | help      | bathroom        | seizure       | ?                 | I can't<br>swallow<br>that. |



| Sample Emergency Health Information  |           |                          |           |                |                   |                                |    |  |  |
|--|-----------|--------------------------|-----------|----------------|-------------------|--------------------------------|----|--|--|
| Kailes, J.I. (2004) Emergency Evacuation Preparedness: Taking Responsibility For Your Safety: A Guide For People with Disabilities and Other Activity Limitations, p.40. http://www.cdihp.org/evacuation/att_b.html#cbi_form Accessed on 7/15/08 |           |                          |           |                |                   |                                |    |  |  |
| Emergency Health Information   | e:        |                          |           |                | Updated:          |                                |    |  |  |
| Name   |           |                          |           |                |                   |                                |    |  |  |
| Address  |           |                          |           |                |                   |                                |    |  |  |
| City   |           | State Zip                |           |                | Zip               |                                |    |  |  |
| CONTACT METHOD   |           | номе                     |           |                |                   | WORK                           |    |  |  |
| Phone:   |           |                          |           |                |                   |                                |    |  |  |
| Cell:  |           |                          |           |                |                   |                                |    |  |  |
| Fax:   | $\perp$   |                          |           |                |                   |                                |    |  |  |
| E-mail:  |           |                          |           |                |                   |                                |    |  |  |
| Birth Date Blo   | ood Ty    | pe                       | Socia     | I Security I   |                   |                                |    |  |  |
| Health Plan:   |           | Individual#:             |           | Group #:       |                   |                                |    |  |  |
| Emergency Contact:   |           | <u> </u>                 |           |                |                   |                                |    |  |  |
| Address  |           |                          |           |                |                   |                                |    |  |  |
| City   |           |                          | State Zip |                |                   | Zip                            |    |  |  |
| CONTACT METHOD   | Т         | HOME                     |           |                |                   | WORK                           |    |  |  |
| Phone:   | $\top$    |                          |           |                |                   |                                |    |  |  |
| Cell:  |           |                          |           |                |                   |                                |    |  |  |
| Fax:   |           |                          |           |                |                   |                                |    |  |  |
| E-mail:  | $\top$    |                          |           |                |                   |                                |    |  |  |
| Primary Care Provider:   |           |                          |           |                |                   |                                |    |  |  |
| Address  |           |                          |           |                |                   |                                |    |  |  |
| City   | State     |                          |           | Zip            | Zip               |                                |    |  |  |
| Phone  | Fax       | Fax E-m                  |           |                | nail              |                                |    |  |  |
| Disability / Conditions:   |           |                          |           |                |                   |                                |    |  |  |
| Medication:  |           |                          |           |                |                   |                                |    |  |  |
| Allergies:   |           |                          |           |                |                   |                                |    |  |  |
| Immunizations  |           |                          |           | Dates          |                   |                                |    |  |  |
|  |           |                          |           |                |                   |                                |    |  |  |
|  |           |                          |           |                |                   |                                |    |  |  |
| Communication / Devices / Equipment / Other:   |           |                          |           |                |                   |                                |    |  |  |
| Excerpted from Be a Savvy Health Care Consumer, Your Life May Depend on http://www.jik.com/resource.html.  | it! by Ju | une Isaacson Kailes, For | more in   | formation abou | ut this guide, co | ontact jik@pacbell.net or visi | ti |  |  |
|  |           |                          |           |                |                   |                                |    |  |  |

http://www.cdihp.org/evacuation/att\_b.html#ehi\_form Accessed on 7/15/08

Free and Downloadable: English, Spanish AAC-RERC Haitian-Creole



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SPREAD THE WORD

http://www.disabilities.temple.edu/aacvocabulary/EMERGENCY.shtml

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- Please visit our website at AAC-RERC.COM for more information



www.aac-rerc.com



#### Resources

#### Websites

#### **Print Materials**

- www.aac-rerc.com
- www.ussaac.org and www.issaaconline.org
- <u>www.news-2-you.com</u>
- www.usdoj.gov/crt/ada/emergen cyprep.htm
- www.jik.com/disaster.html
- <a href="http://disabilities.temple.edu">http://disabilities.temple.edu</a>
- www.fema.gov
- www.redcross.org
- wwwcdihp.org/products.html#ev
   ac guide

- Augmentative Communication News v.19#4
- Billy Builds a Kit
- Disaster Wheels
- Commercially available communication displays
- Others?